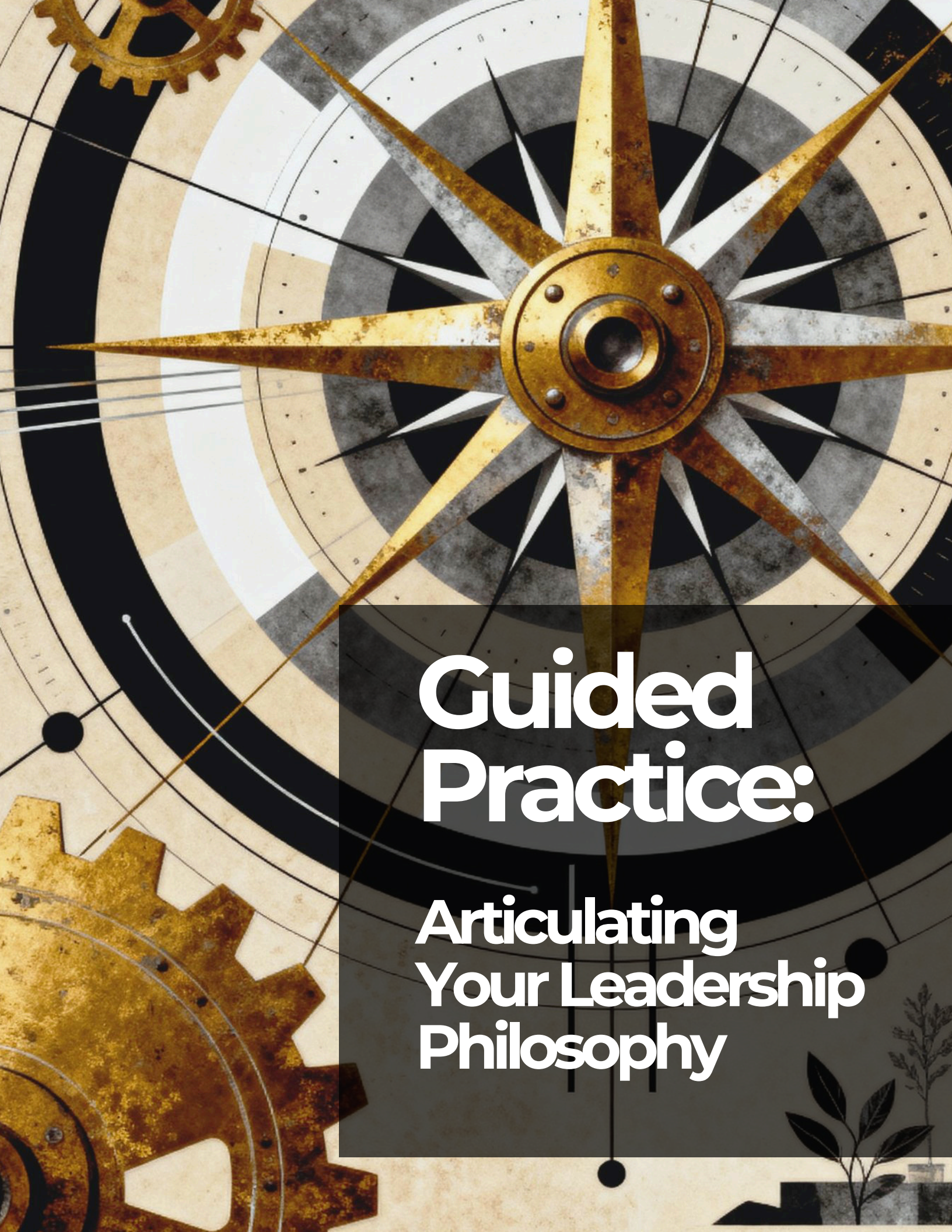




Guided Practice:

Articulating
Your Leadership
Philosophy



From Chapter 3 of Leadership Integrity Framework: Purpose, the Inner World of Leadership

Set aside time when no one is waiting for you. You don't need to finish in one sitting, and you don't need to answer every question before you start writing.

We will take a few moments now to explore the elements of Purpose through reflection. You can think of this reflection as a Leadership Philosophy Statement, a living document that captures the essence of how you want to lead. To begin, take time to reflect on the questions below. Let them guide you inward.

Step 1: Reflect

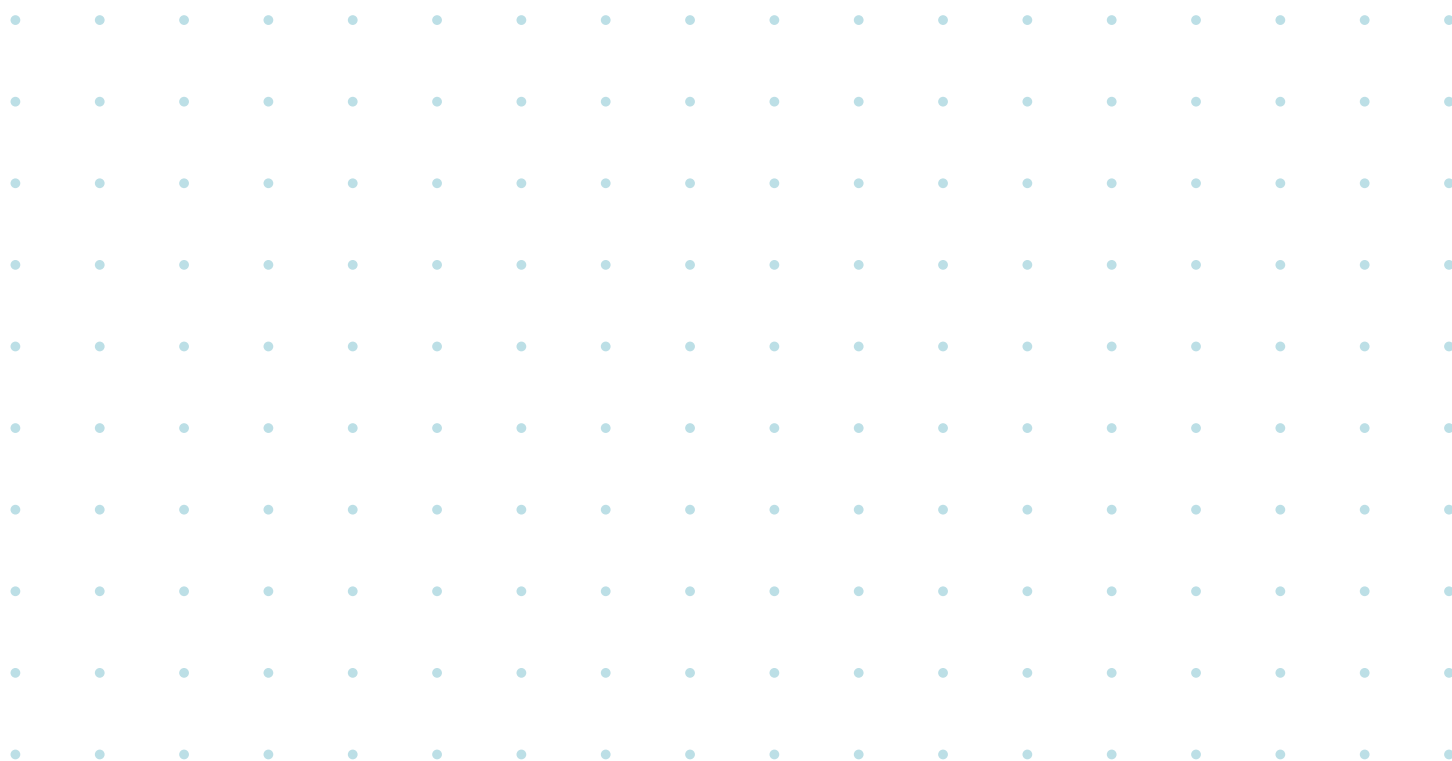
1. How clear are you about your values? Name your top three and articulate what they mean for you?

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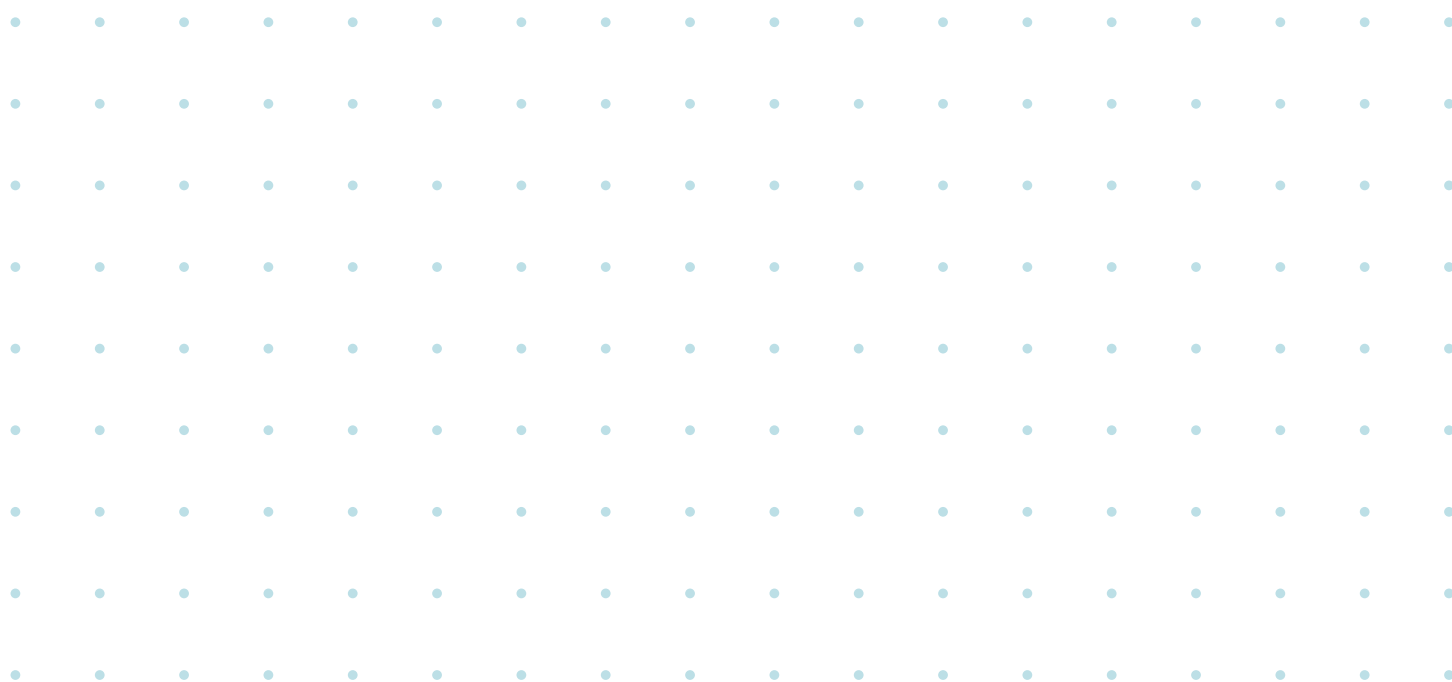
2. What gets you out of bed in the morning? What helps you move forward when things are difficult?

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3. What do you know about your motivators, triggers, blind spots, learning style, and developmental edge?



4. How do you relate to uncertainty? Is it a threat or an opportunity?



5. What is your mindfulness practice? How do you work with the insights that arise from reflection?

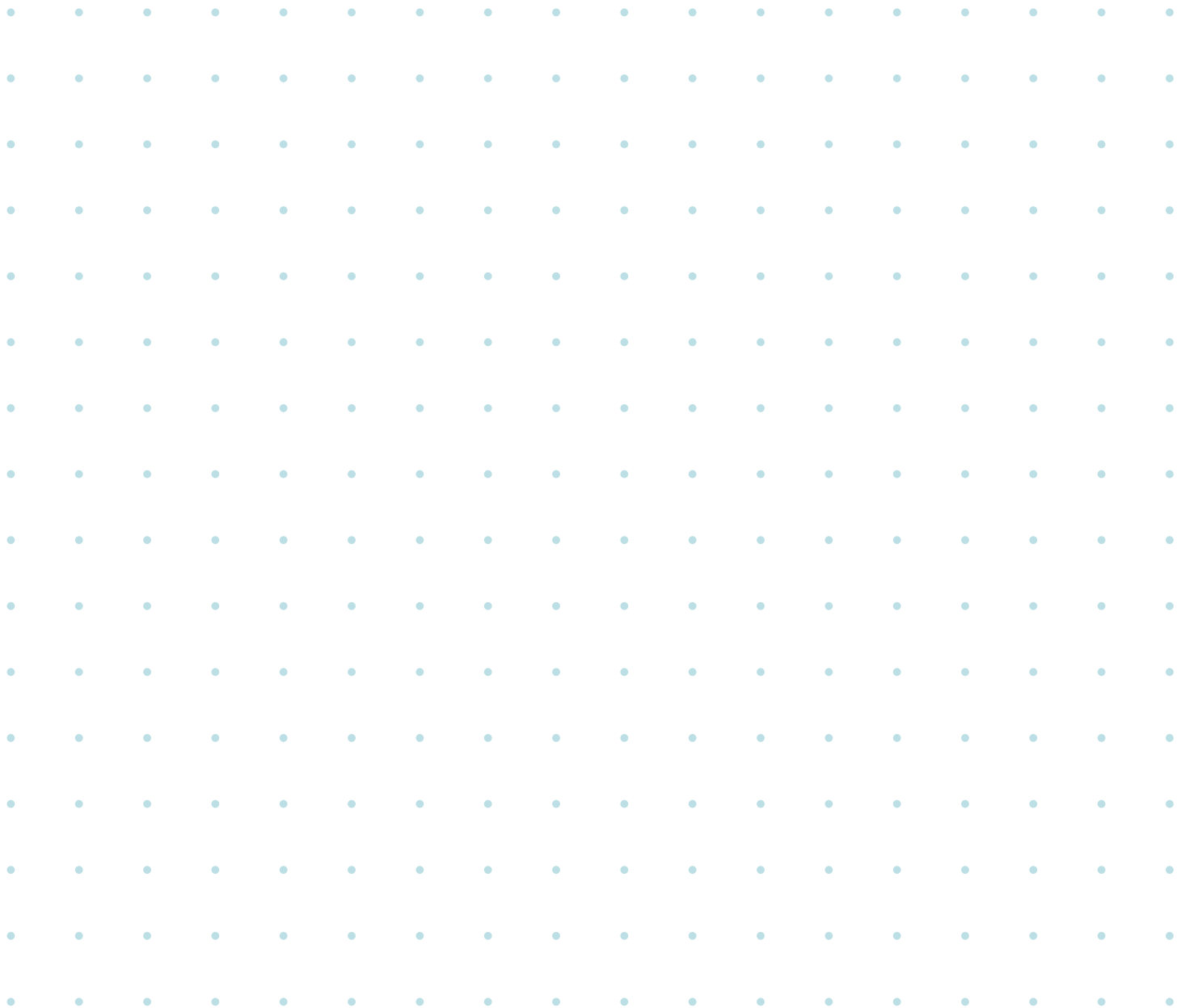
6. How do you manage stress and sustain your energy to prevent burnout?

Step 2: Start with raw sentences

Once you've reflected, begin drafting your Leadership Philosophy Statement. This isn't about crafting a perfect paragraph. Start with raw sentences. Name what matters to you. Describe how you want to show up, especially in moments of challenge or ambiguity.

Step 3: Name how you want to feel as you lead

This process also helps you to explore what you want to feel as you lead. Do you want to feel grounded? Energized? Connected? Clear? Perhaps you want to feel the quiet confidence that comes from knowing your values guide your decisions. Or the sense of aliveness that emerges when your work aligns with your deeper purpose. Maybe you want to feel present rather than reactive when pressure builds.



These feelings aren't indulgent—they're signals. They point toward the kind of leader you're becoming and the conditions that support your best leadership.

Step 4: Draft your statement

Gather what you wrote in Steps 1 to 3 into a few sentences. Keep your own words rather than polishing them into someone else's. This is a first draft, and it is meant to change.

My Leadership Philosophy Statement

Date:

.....

Step 5: Test it against a real moment

The act of writing it down often clarifies where you already lead with integrity and where you long for greater alignment.

Think of a decision or a conversation from the past month that tested you. Read your statement, then answer two questions.

Where did I act the way my statement describes?

Where did I act differently, and what was happening for me in that moment?

Step 6: Return to it

Let this be a living document you return to over time, refining it as your leadership grows. Each time you come back, read your last version first.

Revisited on	What I changed, and why											
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**This is where leadership
begins to feel less like a
role and more like an
expression of who you
are.**

You're welcome to print this practice for your own use.

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